

**OLD TRAIL SCHOOL  
PARENTS' ASSOCIATION  
GENERAL MEETING  
January 12, 2006**

**In Attendance:**

Donna Axson	Bonnie Childs	Beth O'Sullivan	Sharon Silver
Dana Axtell	Jennifer D'Abreau	Kathy Reed	Joyce Stroup
Carol M. Becker	Tina Gaisie	Pat Sadataki	Nancy Wellener
Patty Bodanza	Beth Krakora	Bernadette Salley	Janis Worley
Pam Burton	Lynn Mesterhazy	Michelle Schaeffer	Stephanie Zampelli

**Meeting Call to Order**

President Donna Axson opened the meeting at 8:35 AM in the Library Lecture Room with a "Thank You" Tina Gaisie who provided the refreshments for today's meeting.

**Speaker Presentation:**

Donna Axson introduced today's speaker, Sally Phillips, clinical Dietician at Akron Children's Hospital. Her topic was The Challenges of Feeding Healthy Kids in a Fast Paced World.

Ms. Phillips presented helpful information regarding what our children need for breakfast, snacks and lunches. She answered many questions. A couple of points of note include:

- Be a Good Example for your children
- Set Aside Time for Breakfast - some suggestions:
  - Kid's who eat fortified cereal have a better nutrition profile for the day.
  - Carnation Instant Breakfast provides a healthy alternative
  - Nutrigrain bars with milk
  - Frozen Waffles should be whole grain
  - Orange Juice with Calcium added is an acceptable alternative for children who don't drink milk.
  - Protein with Breakfast will keep hunger at bay
- Recommended Reading for Quick Reference on Nutritional Snacks/Foods:
  - Nancy Clark's Sports Nutrition Guidebook
- Recommended Websites:
  - Akron Children's Hospital - <https://www.akronchildrens.org/>
  - [www.](#)

**Committee Reports:**

**Presentation of Prior Meeting Minutes:**

November 3, 2005 General Meeting

Janis Worley moved to approve. Seconded by Carol M. Becker.

**Allocation Presentation:**

Carol Becker presented the following allocations for approval:

1. Steve Ostrow, Strings *Upgrade to Music Writing Software* \$149.99  
This allocation will be used to upgrade from Finale Music 2001 to Finale 2006.  
Allocation approved by unanimous vote.

### Auction Update:

Janis Worley invited anyone interested in participating in next year's auction to this year's Auction Update Meeting next Wednesday, January 18 at 8:30. This meeting will review the good, the bad, and the ugly from this year's auction and the final figure of funds raised will be announced at this time. As a teaser, Janis did tell us that the auction grossed more than \$60,000 more than last year's auction!

### Akron Area Summer Fun Fair:

Nancy Wellener discussed the newly re-designed summer fun fair that will be held at Old Trail on February 11 from 10am - 4pm. This fair is being promoted to the Akron Area with the goal of having more foot traffic for the fair. Other schools are partnering with us this year, including Hobin, Cuyahoga Falls, Elms, Walsh, and Western Reserve. Additionally, 2 media sponsors have partnered with us - the Cleveland Magazine and the Family Matter Radio Program. Both will provide free advertising to Old Trail and will have booths at the fair. Please plan on attending this year's fair. If you can help with greeting people, setup, tear down, preparing box lunches, running the snack bar or buffalo boutique, please contact Nancy Wellener - your commitment would not need to be the entire fair hours.

### Other Business:

#### Credit Card Payments for Tuition

Donna Axson reviewed with the Business Office the school's new policy of not accepting Credit Cards for tuition payments. Concern had been raised at the last meeting that the school could not accept credit cards for the auction and book fair but not tuition. The business office confirmed with the bank and Credit Card Company that there is no conflict in allowing credit cards to be used only for certain activities during the year while excluding the use for others.

#### Points of Notes Last Monday's FYI

Donna Axson pointed out the fundraising activities from the FYI that involves very little effort on the parent's part:

- **Market Day** has raised \$1,198 this school year. Funds raised through Market Day will be used for Cafeteria improvements.
- **Campbell's Soup Labels & Box tops for Education** - collection has improved with the tins at the school entrances. The school received \$.10 for each Box top and has already received \$400 this year!
- **Magazine Subscriptions** can be ordered online through GA Fundraising.com. By entering Old Trail's school code, the school will receive a portion of the subscription. Already 33 magazines have been ordered in this way and the school received a check for \$262 - that's an average of almost **\$8 per subscription**.
- **Cookbook** - a successful marketing event was held recently at West Point Market where local chef's presented different recipes. 90 cookbooks were sold to individuals. West Point purchased 2 cases!

New Membership Packets can be picked up from Pat Sadatacki

Internet Dangers and Policies will be discussed at University School on February 23, 7pm. This was organized by the Independent School PACT that addresses common issues for children of all ages. Included in this presentation will be IMing, Safety, FBI presentation.

Parents' Association Meeting Minutes are now available on the Old Trail website, under the Parents Association section.

### Next Meeting:

The February 2, 2006 Parents' Association Meeting will be at **7pm**. Our speaker will be Dr. Ted Parran from Case Western Reserve University who will discuss the Dangers of Drug and Alcohol for Children. He will have appropriate information for grades K-8.

### Adjournment:

Meeting was adjourned, after at 9:35am

**Respectfully Submitted,**  
**Patty Bodanza, Recording Secretary**