



# Food Zone

Offered Daily  
Produce Bar: Composed Sald, Fresh Fruits & Vegetables  
Turkey Sandwich, Cheese Sandwich & Wowbutter & Jelly

## October

Monday	Tuesday	Wednesday	Thursday	Friday
				1  All Beef Mini Hotdog *Vegan Hotdog <b>VE</b> Corn Pudding Baked Beans <b>GS VE</b>
4  Waffle Bar *Belgium Waffle Vegan Waffles <b>GS VE</b> Home Fries <b>GS VE</b> Yogurt Parfaits	5  *Italian Hoagie Steamed Broccoli <b>GS VE</b> Cheese Stick <b>GS</b> Apple Sauce <b>GS VE</b>	6  *Grilled Cheese Tomato Soup <b>GS VE</b> Peas <b>GS VE</b> Goldfish Crackers	7  *Cheese Quesadilla *Vegetable Quesadilla <b>VE</b> Steamed Rice <b>GS VE</b> Corn <b>GS VE</b> Fresh Toppings *Dutch Apple Pie	8  No School
11  No School	12  *Beef Soft Taco *Bean Taco <b>VE</b> Cilantro Lime Rice <b>GS</b> Corn on the Cob <b>GS</b> Fresh Toppings	13  *French Toast Sticks Turkey Sausage <b>GS</b> Plant Based Sausage <b>GS VE</b> Hash Browns <b>GS VE</b> Strawberry Overnight Oats <b>GS VE</b>	14  *Popcorn Chicken *Homestyle Mac & Cheese Vegan Mac & Cheese <b>VE</b> Peas & Carrots <b>GS VE</b> Biscuit Rice Krispy Treat <b>GS VE</b>	15  *All Beef Hand-Pressed Patties *Plant Based Patties <b>VE</b> *Pasta Salad <b>GS VE</b> Sweet Potato Tots <b>GS VE</b>
18  *Gnocchi Marinara <b>GS VE</b> or Butter Sauce <b>GS</b> Green Beans <b>GS VE</b> *Bread Stick	19  *Chicken Taco *Veggie & Bean Taco <b>VE</b> Rice <b>GS VE</b> Corn <b>GS VE</b> Fresh Toppings	20  *Chicken Tenders Plant Based Tenders <b>VE</b> Potato Wedges <b>VE</b> Honey Glazed Carrots <b>GS</b>	21  *Potato & Cheese Pierogies Kielbasa <b>GS</b> Peas <b>GS VE</b> Baked Apples <b>GS VE</b> *Blondies	22  No School
25  Baked Potato <b>GS VE</b> Three Bean Chili <b>GS VE</b> Steamed Broccoli <b>GS VE</b> Roasted Corn Salad <b>GS VE</b> Fresh Toppings <b>GS</b>	26  *Meatball Sub *Vegan Meatball Sub <b>VE</b> Roasted Redskins <b>GS VE</b> Grilled Asparagus <b>GS VE</b>	27  Crispy Oven Baked Chicken <b>GS</b> Crispy Baked Eggplant <b>GS VE</b> Green Beans <b>GS VE</b> *Buttered Noodles	28  *Sloppy Joes *Vegan Sloppy Joes <b>VE</b> Tater Tots <b>GS VE</b> Steamed Peas <b>GS VE</b> *Monster Cookie	29  All Beef Mini Hotdog *Vegan Hotdog <b>VE</b> Corn Pudding Baked Beans <b>GS VE</b>

**VE-Vegan GS-Gluten Sensitive**

**\*Gluten Free Bread, Buns, Pizza and Pasta Available & We will accommodate all food allergies.**

**Please discuss any food allergy issues concerning your child with our Resident Director/Executive Chef Stefanie Tuma at 330.666.1118 (x331)**

No child will be discriminated against because of race, color, national origin, age, or disability. If you have been discriminated against, write to the Department of Agriculture, Washington, D.C. 20250.

